To:



MIT Global Languages invites you to a virtual community gathering:

"Mindfulness in a Time of Pandemic"

April 23, 2020, 7:00-8:00 PM, Zoom [Meeting ID: 562 433 469]

Guided Meditation and Talk led by Venerable Miao Guang, Fo Guang Shan Institute of Humanistic Buddhism



What can the practice of mindfulness offer us in a time of global pandemic? Join us for a guided meditation, mindfulness talk, and open Q&A for the MIT Community.

Venerable Miao Guang is the Deputy Chancellor for International Affairs, FGS Institute of Humanistic Buddhism and the Director, Fo Guang Dictionary of Buddhism Translation Project. She is also the personal interpreter and translator to Venerable Master Hsing Yun,

the founder of Fo Guang Shan Buddhist Order.

This event is sponsored by the T.T. and W.F. Chao Distinguished Buddhist Lecture Series:

This distinguished lecture series engages the rich history of Buddhist thought and ethical action to advance critical dialogues on ethics, humanity, and MIT's mission "to develop in each member of the MIT community the ability and passion to work wisely, creatively, and effectively for the betterment of humankind."

Co-hosted by:

Emma Teng, T.T. and Wei Fong Chao Professor of Asian Civilizations, MacVicar Faculty Fellow, Director, Global Languages Mark Bathe, Associate Professor, Department of Biological Engineering, Co-Chair, NEET, Chair, MIT Committee on Student Life

Join Zoom Meeting https://mit.zoom.us/j/562433469

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Meeting ID: 562 433 469

US: +1 646 558 8656 or +1 669 900 6833

International Numbers: https://mit.zoom.us/u/aepdRYNGYO

Open to all MIT community members.

Information: chaobuddhism.mit.edu

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