

From: Vicky Metternich vickym@mit.edu
Subject: FW: Professional and team development resources from HR - timely update
Date: July 15, 2022 at 10:38 AM
To: Undisclosed recipients;



Dear Colleagues,

MIT is deeply committed to the success and growth of every employee throughout their career at MIT. Explore the mix of virtual, online, self-paced, and consultative services and resources available from Human Resources.

Please share this information with your colleagues, staff and professional networks at MIT.

Workshops in July and August

- [Communicating with Influence](#) (July 13)
- [Hiring at MIT: Conducting Interviews](#) (July 13)
- [Career Conversations: Invest in Staff](#) (July 19)
- [Hiring at MIT: Bias-Free Practices](#) (July 20)
- [Appreciation, Positivity, & Way Forward](#) (July 20)
- [Understand & Manage Your Emotions for all](#) (July 21)
- [Career Development: Assess Your Values](#) (July 26)
- [Mobilizing Your Team's Strengths](#) (July 27)
- [Hiring at MIT: Interview Structure](#) (July 27)
- [Active Listening](#) (July 28)
- [Networking Power Hour](#) (August 3)
- [Leverage Your Strengths](#) (August 9)
- [LBGTQ+ 101: You Are Welcome Here](#) (August 24)

Visit the [HR Learn and Grow page](#) or the [Atlas Learning Center](#) to see additional future workshops.

Peer Discussion Series

Discussing shared challenges and needs produces creative ideas and solutions. This [discussion series](#) taps into our collective wisdom by convening MIT staff to explore timely and important issues related to our work, our interactions, and our experiences. Participants read an assigned article, watch a video, or do some prework and come together for facilitated dialogue.

Upcoming Peer Discussion Series topics:

- Prioritization: Focusing on What Matters Most (July 19)
- Creating Belonging within Your Team (August 18)

Search Inside Yourself

The Search Inside Yourself Leadership Program teaches emotional intelligence skills that lead to sustained peak performance, strong collaboration, and effective leadership. In addition, participants will learn new skills and practical applications to reduce stress, increase resilience, develop greater self-awareness, improve communication, build

increase resilience, develop greater self-awareness, improve communication, build empathy, and lead with compassion. Learn more with a [90 minute Keynote Session](#), or register for [the full 12-hour course](#).

Leader to Leader Cohort Program

The nationally recognized [Leader to Leader \(L2L\) Program](#) is a year-long cohort program that provides participants with dedicated time for reflection and self-discovery, theoretical and applied learning, and dialogue with fellow MIT leaders. Applications will open on August 1. [Sign up to receive a notification](#) when the application period opens.

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